

### Friday

- 1:00 pm **ICF Construction, Building Tips: Training.** Judith Herrell, Riversdale Builders.
- 2:00 pm **Planning to Build Your Own Home.** Paul Hamre, UBuilt
- 3:00 pm **Eco Friendly Home Design.** Glen Hyman, Great House Designs
- 4:30 pm **Vermiculture, How to Compost all Year Long.** Crystal Windhorst, Earth to Earth Worm Farm
- 6:00 pm **Storage Solutions for your Kitchen.** Cathy Rivera, Tupperware

### Saturday

- 11:30 am **ICF Construction, Building Tips: Training.** Judith Herrell, Riversdale Builders.
- 1:15 pm **The Building Envelope – ICF's.** Mike George, Conform Global
- 2:00 pm **Planning to Build Your Own Home.** Paul Hamre, UBuilt
- 3:00 pm **Eco Friendly Home Design.** Glen Hyman, Great House Designs
- 4:30 pm **Vermiculture, How to Compost all Year Long.** Crystal Windhorst, Earth to Earth Worm Farm
- 5:15 pm **Caulk with Confidence.** Therese Johnston, Tomboy Tools
- 6:00 pm **Storage Solutions for your Kitchen.** Cathy Rivera, Tupperware

### Sunday

- 11:45 am **Asbesto in Your Home?** Margee Chambers, Spokane Regional Clean Air Agency
- 1:00 pm **R-Value Insulation Myths.** Bob Backman, Airseal Insulation
- 2:00 pm **Composting.** Ann Murphy, Spokane Regional Waste
- 3:00 pm **Eco Friendly Home Design.** Glen Hyman, Great House Designs